GOLD Midwifery Online Conference

2018 Conference Programme

Delivering from Experience... Nurturing Knowledge

Join Us Online! Feb. 5 - Apr. 6, 2018
GOLD Midwifery Online Conference is becoming one of the fastest growing educational resources for Midwives around the world! Our fourth annual online conference offers an amazing line-up of speakers who will be providing a wide range of research, and clinical skills to assist in the betterment of your practice.

Gain new insights into the fight for normal birth, ways to combat bullying and horizontal violence, fetal monitoring, pelvic floor health, providing care for LGBTQ2S families, suturing skills, hemorrhage prevention, recognition and management, and so much more. With expert speakers, such as Hannah Dahlen, Jennie Joseph, Nancy Wainer, Carol Gray, Bonnie Gruenberg, and Andrea Dixon to name just a few, this conference promises to be full of both information and inspiration.

Learn more at: [www.GOLDMidwifery.com](http://www.GOLDMidwifery.com)

**Fleur Bickford, RN, IBCLC**

*Program Director*

Fleur Bickford is a Registered Nurse and International Board Certified Lactation Consultant (IBCLC) with a Bachelor of Science from Queen’s University. As an RN, she worked in Maternal and Child Health, gaining experience in labour and delivery, postpartum care and pediatrics. After the birth of her two children, Fleur became involved with La Leche League, eventually becoming a leader and serving as a member of both the Professional Liaison Department and the Social Media Advisory Committee, while working towards her IBCLC certification. Fleur then made the move to private practice as an RN and IBCLC and spent years working with challenging breastfeeding cases before focusing on health education with GOLD. Fleur has been very active in her local lactation community as past president of Ottawa Valley Lactation Consultants and one of the leaders of the group that established the regional breastfeeding website ottawabreastfeeds.ca. She is also a professional speaker whose presentations and articles have been shared internationally. Fleur’s clinical experience in perinatal care combined with her professional and volunteer experiences with educating both families and health care professionals, lend themselves well to her role as Program Director for GOLD.
PROFESSIONAL ADVISORY COMMITTEE

Along with the Program Director, the GOLD Professional Advisory Committee is responsible for the review and selection of the conference presentations.

**Fiona Lang-Sharpe, IBCLC, NAMCW**  
*Public Relations Manager & Master of Ceremonies*

Fiona Lang-Sharpe is a Birth Doula and International Board Certified Lactation Consultant in private practice in Edmonton, AB, Canada. Fiona has nearly 20 years of experience attending births, supporting mothers post partum, and offering lactation case management services. Having studied in England under the National Association of Maternal and Child Welfare, Fiona moved with her young family to Canada in 1989, after which she obtained certification as an IBCLC. Fiona’s experience in Midwifery health along with her interest in technology and social media and passion for quality education make her an excellent fit for GOLD Conferences International.

**Kristin Schwarz, LM**  
*Master of Ceremonies*

Kristin Schwarz is a licensed midwife, maternal fitness educator, childbirth educator and bereavement doula. Kristin moved to the United States from Europe in 1997 where she worked in marketing and online education. After a peaceful home-water birth of her 2nd daughter, Kristin decided to help other women feel empowered in their birth choices. She trained to become a childbirth educator, received a degree in midwifery and holds a Florida midwifery license. Kristin’s experience in perinatal and postpartum health and her background in online education make her a good fit for Gold Conferences International, and she is excited to contribute to GOLD and assist in its online growth. Kristin lives with her family in South Florida where she enjoys snorkeling and yoga on the beach.

**Adrienne Leeds, LM, CPM, CCH**

**Amy Cameron, CLC, Clinical Midwife**

**Carole Dodd, RN, RM**

**Hettie Grove, BSc.**

**Jessica Linzmeier, CNM, RN, MSN, IBCLC**

**Joanna Davis, Herbalist, Midwife**
Linda Gaglioti, BSN, MSN, Nurse-Midwife, Teacher

Marinah Farrell, CPM

Megan Bochum, BA, Certified Childbirth Educator, Midwife

Rose Campbell, Labor Doula

Shirley Curtis, RN, RM, MScN, PhD

Sue Holland, Midwife/LC

Conference Speakers

GOLD MIDWIFERY 2018 KEYNOTE SPEAKERS

Hannah Dahlen, PhD, BN(Hons), MCommN, RM, RN (Australia)

Hannah Dahlen is a Professor of Midwifery in the School of Nursing and Midwifery at the University of Western Sydney (UWS). She is also the Higher Degree Research Director. Hannah has had national and international success with grants. Hannah has published more than 120 papers and has given papers at over 500 conferences and seminars with half of these being invited keynote addresses. Hannah has strong international collaborations. She is co-founder of the international research collaboration EPIC (Epigenetic Impact of Childbirth). In November 2012 she was named in the Sydney Morning Herald’s list of 100 “people who change our city for the better”. She was named as one of the leading “science and knowledge thinkers” for 2012 due to her research and public profile. Hannah has a strong profile in the profession of midwifery. She is a past National President of the Australian College of Midwives and she sits on several peak National and State committees. Hannah currently supervises 11 higher degree students, mostly investigating women’s birth choices. Hannah is an endorsed Eligible Midwife working in a private midwifery group practice Midwives@ Sydney and Beyond in NSW.
Jennie Joseph, LM, CPM (USA)

Jennie Joseph, a British-trained midwife and women’s health advocate, moved to the United States in 1989 and began a journey which has culminated in the formation of an innovative maternal child healthcare system, The JJWay®.

She is the Executive Director of her own non-profit corporation Commonsense Childbirth Inc. which operates two health centers in Orlando, Florida. Due to the poor birth outcomes experienced by low income and uninsured women she has established outreach clinics for women who are at risk of not receiving prenatal or gynecological care. Her ‘Easy Access’ Prenatal Care Clinics offer quality maternity healthcare for all, regardless of their choice of delivery site or ability to pay and have successfully reduced perinatal disparities. Jennie’s school, Commonsense Childbirth School of Midwifery, trains and certifies midwives, doulas and perinatal paraprofessionals emphasizing culturally competent and community focused care.
Amanda Burleigh  Midwife (UK)

Over twelve years ago Amanda began to challenge the practice of immediate cord clamping after realizing that this common routine practice was not evidence based and deprived babies of their full blood volume causing iron deficiency anaemia. Amanda has been nominated and won several awards for this work including Midwife of the Year 2015, British Journal of Midwifery and Midwife of the Year 2012, Yorkshire Evening Post. Amanda is co-inventor of the Lifestart (bedside resuscitaire) trolley.

During this period of changing practice Amanda has often found herself the recipient of negative behaviours from some colleagues who opposed her “boat rocking” behavior and she found their behavior perplexing and very damaging. Dany Griffiths and Amanda are co-founders of #SaynotobullyinginMidwifery a facebook group which reaches out to Midwives who are recipients of bullying behavior and offers communal support and advice in an attempt to influence positive

Andrea Dixon  RMidwife (CNM) (Australia)

Andrea is an Aquarian birth junky with a desire to make out of hospital birth an accepted, effective and safe option for all women. To this end, Andrea has attended more than 1200 births in numerous birth centers, home and hospital based practices. Her passion is training out of hospital practitioners in Birth Emergency Skills Training (B.E.S.T.), including CPR and NRP. To date more than 1300 practitioners have attended her traveling roadshow and earned B.E.S.T CEUs.

Bonnie Gruenberg  CNM, MSN, CRNP (USA)

Bonnie Urquhart Gruenberg, CNM, MSN, CRNP, is the award-winning author of Birth Emergency Skills Training; Manual for Out-of-Hospital Midwives, and co-developer of the workshop by the same name (Birth Guru /Birth Muse Press, 2008). She was trained in a busy home birth practice, caught her next 1500 babies at tertiary care hospitals, and is now attends births in a free-standing birth center, at home, and in the hospital with Birth Care and Family Health Services in Lancaster County, PA. Besides B.E.S.T., Bonnie has written and illustrated 12 other titles concerning midwifery and obstetric topics, as well as a line of books about the wild horses of the Atlantic coast. She is currently completing the second edition of Birth Emergency Skills Training, and designing an online CME course to complement it. She enjoys painting, photography, nature, horses, raising rare breed chickens.
**Carol Gray** LMT, CST, RPYT (USA)

Carol Gray, LMT, CST, RPYT has dedicated her professional life to supporting expectant and new families by promoting gentle aware birth. She has attended births as a doula and home birth midwife for over 35 years.

Carol has been a therapeutic bodyworker for over 27 years. She specializes in Craniosacral Therapy for mothers and infants. Carol has spent years developing hands-on techniques to enhance mobility in pregnant women’s bodies. The goal is to give babies more room to develop, grow and get born. She has recently retired from attending births in order to focus on teaching perinatal and infant Craniosacral Therapy to bodyworkers, birth attendants and other health professionals. She teaches from the midwifery model of care perspective.

Carol is also the founder of MamaSpace Yoga®. Her specially-designed yoga classes have grown naturally from the roots of bodywork and yoga. MamaSpace Yoga® supports and enhances Craniosacral Therapy techniques for pregnant women.

Carol is convinced that if women are appropriately supported in growing, birthing and nurturing their babies, their lives will improve. When women’s lives improve their children’s health improves. Healthy children grow up to be healthier adults who create healthier communities and a saner, more peaceful world.

**Debrah Lewis** NM, MSc (Trinidad)

Since graduating with a Masters Degree majoring in Maternal-Child Health from Columbia University in 1986, Debrah has worked in public and private practice midwifery in New York, Africa and Trinidad & Tobago.

She is a founder and current Executive Director of Mamatoto Resource & Birth Centre in Trinidad where she remains in active midwifery practice. She is on the Board of the North West Regional Health Authority; works with the Nursing Council; and serves as an independent consultant on midwifery matters. Debrah precepts students from the USA, Canada and Europe, and has presented extensively regionally and internationally.

She was the International Confederation of Midwives (ICM) Americas Board Member from 2005 – 2011 and Vice-President from 2011 - 2014; a founding member of the Trinidad & Tobago Association of Midwives; and spearheaded the formation of the Caribbean Regional Midwives Association in 2012.

Debrah is the recipient of several awards including the Dorothea M. Lang Pioneer Award and a National Award for The Development of Women – Gold – for her work in Community Service and Midwifery in Trinidad & Tobago.
Declan Devane  PhD, MSc, PgDip(Stats), BSc, DipHE, RGN, RM, RNT (Ireland)

Professor Declan Devane is Professor of Midwifery at the National University of Ireland Galway (in the beautiful West of Ireland) and Director of the Health Research Board-Trial Methodology Research Network. He is an Editor with the Cochrane Pregnancy and Childbirth Group, an Associate Senior Lecturer with the UK Cochrane Centre and an author of numerous Cochrane systematic reviews predominantly in the field of fetal assessment. He has led a number of clinical trials recruiting from 100 to over 3000 participants and serves on a number of Trial Steering Committees and Data Monitoring Boards. He is a past member of the National Clinical Effectiveness Committee and the Midwives Committee of the Nursing and Midwifery Board of Ireland. He was a member of the Department of Health National Maternity Care Strategy Group (Ireland) and the Health Information and Quality Authority (HIQA) Maternity Standards Advisory Group (Ireland).

Heather Clarke  CNM, DNP, FACNM (USA)

My formal training as a midwife was obtained at Columbia University in 1979, however it was the hundreds of women and families who taught me the art, compassion and knowing that is required to be “a midwife” Over the years, I provided care to women in variety of clinical settings. I have taught and precepted midwifery students in association with several educational programs, most recently Frontier nursing university. Throughout years of academia and clinical practice, I was driven to understand why some women developed life threatening obstetrical complications while others with risky life styles had problem free pregnancies and good outcomes. My doctoral focus on pre and perinatal psychology and the associated disciplines of epigenetics, embryology, neurobiology and intergenerational hereditary transmission has led me to understand the importance of a holistic approach to improve maternal wellbeing as means to improve perinatal outcomes during the preconception period. This presentation will share this science and protocols with my audience.

Heather Pierce  BMid(Hns) BAppSc(Pty) PhD Candidate (Australia)

Heather is a Registered Midwife and Physiotherapist, passionate about improving women’s health. She is completing PhD studies at the University of Technology Sydney (UTS): her research focus is women’s ‘pelvic floor health’ in the workforce. Heather’s study forms part of an Australian Research Council and NSW Nurses and Midwives Association funded project: Fit for the Future, investi-
gating the health of nurses and midwives. She has been awarded funding from the Australian Bladder Foundation and has authored several peer-reviewed publications: https://www.uts.edu.au/staff/heather.pierce

Heather lectured at UTS in the Bachelor of Midwifery program (2007-2016) and worked with the Continence Foundation of Australia and the Australian College of Midwives on the E-Learning course: Continence promotion: the importance of the midwife. She is current Chief Australian Delegate to the International Organization for Physiotherapists in Women’s Health, and immediate past National Chair of Continence and Women’s Health Physiotherapy Australia (2014 - 2016).

**John Walsh (UK)**

John Walsh has worked in homeless health inclusion for over two decades. He is presently an OD Lead working on culture change and systems work. He has won a number of awards from NHS and non NHS organization. One of his most important awards was for compassion in healthcare from a family who created a series of health and care awards). John has worked closely with staff to develop caring supportive cultures. He has also worked with academics on this area and has taught internationally. John sits on the Yorkshire Faculty RCGP and the National Executive of the New NHS Alliance. He is presently writing the paper on social models and self care for West Yorkshire and Harrogate STP.

**Kristin Kali LM, CPM (USA)**

Kristin Kali, LM CPM is a midwife, teacher, writer, speaker, trainer and consultant specializing in LGBTQ family building and gender inclusivity. She is a warm and engaging presence, delivering professionalism and expertise with a down-to-earth, personable style. Kristin is an authoritative resource on LGBTQ healthcare during conception and pregnancy, functional approaches to fertility, and midwifery model preconception care. Kristin is the owner of MAIA Midwifery and Fertility Services, internationally renowned for LG-BTQ family building expertise. In addition to providing preconception care via telemedicine to families across the globe, Kristin provides midwifery care, home insemination, classes and support groups in her home city of Seattle, WA, as well as teaching in her home-away-from-home, the San Francisco Bay Area. You can read more about MAIA services, download webinars, access professional training, and purchase fertility related products at www.maiamidwifery.com.
Nancy Wainer  CPM (USA)

Nancy Wainer is a Certified Professional Midwife who attends home births and who has been present at over 2100 births. She trains student midwives, teaches childbirth classes, is the author of two (soon to be three) books on Birth in the USA. She coined the term VBAC (vaginal birth after cesarean) which is now used internationally. Her work is being archived at Harvard University’s Schlessinger Womens’ History Library. She was selected as one of Mothering Magazines “Living Treasures. She is a preceptor for several midwifery schools and has had women from all over the world who have come to the United States to birth with her. She is an internationally known and sought-after childbirth speaker. She was the first midwife in the U.S. to teach HypnoBirthing and in 2013 became the first childbirth educator in Massachusetts to teach Blissborn Childbirth classes. She has written two books on cesarean prevention. “Silent Knife” won an award for The Best Book in the Field of Health and Medicine by the American Library Association the year it was written. She is currently writing her third book “Birthquake: A Pre and Post Childbirth Book for Strong Women and Women Who Want To Be Strong” (co-author Raquel Lazar-Paley) which, hopefully, will be out by the end of this year!from the non-profit, philanthropic, labor and socially responsible business sectors in the Art of Leadership at Rockwood Leadership Institute.

Nell Tharpe  MS, CNM, FACNM (USA)

Nell Tharpe, CNM, CRNFA, MS, FACNM obtained her Certificate in Nurse-Midwifery from the State University of New York in 1986, after which she begin an active clinical practice in Maine. While in practice Nell offered women holistic health care, attended births in small community hospitals, and worked in the operating room as a surgical first assistant where she honed her suturing skills.

A committed life-long learner, Nell continued her education and in 2003 received her Master of Science degree in Midwifery from Philadelphia University. Nell’s passion is bridging the gap between clinical practice and emerging evidence. Her focus is on teaching midwifery skills to foster the highest quality midwifery and women’s health care in every practice setting.

Nell is the original author of the widely used midwifery text Clinical Practice Guidelines for Midwifery and Women’s Health, recently released in its 5th edition. She is an adjunct professor at Philadelphia University and provides workshops as an independent Perinatal and Women’s Health Consultant.
Suellen Miller RN, CNM, MHA, PhD (USA)

Professor Suellen Miller is Director of the Safe Motherhood Program and Professor, UCSF Dept. of Obstetrics and Gynecology. Professor Miller has been practicing as a certified nurse-midwife since 1977, and is the author of the Hesperian Foundations’ “A Book for Midwives”. She conducts both qualitative and quantitative research, mainly in lower resourced settings, primarily focused on maternal survival and maternal health. Her studies include contraceptive research in Africa and Asia, misoprostol clinical trials in Tibet and India, the clinical trials of the Non-pneumatic Anti-Shock Garment (NASG), and the continuum of maternal care in Peru, Dominican Republic, Bangladesh, Nigeria, Egypt, Ethiopia, Zambia, Zimbabwe, Timor Leste, and Tanzania, among other reproductive and sexual health projects and programs. The author of over 100 peer-reviewed journal articles, Professor Miller is co-author of “Beyond Too Little Too Late, Too Much Too Soon,” in the Lancet 2016 Maternal Health Series.

Suzanne Colson PhD, MSc, RGN, RM (UK)

Suzanne Colson, PhD, MSc, BA, is a midwife and a nurse. Her thesis introduced a new breastfeeding paradigm called Biological Nurturing and won the prestigious English Royal College of Nursing Inaugural Akinsanya Award for originality and scholarship in doctoral studies. Suzanne is an Akinsanya scholar 2007, and a Visiting Principal Research Fellow at Canterbury Christ Church University. She is an honorary member and a founding mother/leader of La Leche League France. She is also on the professional advisory board of La Leche League of Great Britain. She has more than 40 years clinical experience supporting breastfeeding mothers in both hospital and community settings. Suzanne is the author of numerous articles, research papers, a book, translated into 4 languages and three DVDs. Retired from active midwifery practice, she organizes 5-day biological nurturing certification workshops, remains available for clinical consultation, and lectures widely across the world. Peer-reviewed journal articles, Professor Miller is co-author of “Beyond Too Little Too Late, Too Much Too Soon,” in the Lancet 2016 Maternal Health Series.
Where There’s A Will, There’s A Way! Midwifery as a model for reducing racial disparities, building community and creating revenue
Jennie Joseph, LM, CPM - 75 mins

The impact of poor perinatal outcomes and racial disparities on women, their families and the community at large. What are the causes and who suffers disproportionately?

The JJ Way ®

How has the JJ Way® model of prenatal care made a difference? The 2007, 2014, 2017 Study evaluation results What is lacking in ‘Materno-toxic Areas’ and maternity healthcare? What do we need now?

Biological Nurturing - applying the continuum concept to breastfeeding
Suzanne Colson, PhD, MSc, RGN, RM- 60 minutes

Biological nurturing (BN), a mother-led approach, promotes body contact even when the baby is asleep. BN theories link hormonal continuity from pregnancy to postpartum and reflex continuity from womb to world. During the last weeks of pregnancy, oxytocin levels rise, peaking immediately following birth. Early baby gazing and eye-to-eye contact help maintain this high oxytocin pulsatility associated with increased breastfeeding duration. Experts in Body-Mind Centering suggest that fetal reflexes radiate from the navel— the core, thus preparing neonatal movement. Whilst suckling in BN positions, pressure radiates from navel to limbs triggering neonatal reflexes facilitating latch and sustaining milk transfer. During BN, mothers and babies are often lightly dressed challenging the current emphasis on skin-to-skin as the only early intervention aiding breastfeeding initiation. Importantly, BN research suggests that ventral pressure is the neonatal behavioral releaser for both interventions, not dress state. Attend this presentation to clarify continuity theory and discover some unexpected breastfeeding “myths”.

Breaking Off Our Engagement With Engagement
Carol Gray, LMT, CST, RPYT - 60 minutes

In this session Carol Gray will make a compelling argument for an idea that is not mainstream—even among radical homebirth midwives. As a midwife she has long recognized that the baby who couldn’t descend into mom’s pelvis and get born presents a problem. Carol has since recognized that the baby who drops deeply into mom’s pelvis and stays there long (days, weeks or months) before the onset of labor presents an even bigger problem. Babies know how to position themselves for birth. They ought to be able to bob in and out of mom’s pelvis until labor begins. When they drop down and stay down it’s because they are stuck. In this session Carol will show the anatomy and the biomechanics of this problem. She will describe the aftermath: things like torticollis, plagiocephaly, breastfeeding difficulties, scoliosis, cesarean birth, inductions, etc. Carol will also give some resources for how we can help.
Healing from Difficult, Disappointing or Traumatic Birth for Care Providers and the Women We Care For

Amanda Burleigh, Midwife and John Walsh - 60 minutes

Bullying affects staff, patients and families. This presentation will address bullying within the Midwifery field, what it is and why it is a problem. We will discuss how bullying is related to culture, and why attempts to change culture often fail. Work to try to shape a new response to bullying must include an awareness of culture, but more importantly, efforts to reduce bullying should follow a Person Centered Approached (PCA). We will discuss what PCA approaches look like, their dynamics and potency.

Engaged and In Gear: Fathers in Maternal and Newborn Health

Debrah Lewis, CNM, MSc - 60 minutes

Traditionally, health care services target mothers – and engaging fathers has generally been overlooked. As a result fathers feel excluded and unsupported.

However, there has been growing recognition of the importance of parenting partnerships and fathers’ contribution to children’s development. As a result services are becoming more conscious of this. In a recent survey midwives agreed that including fathers is a part of their role but generally did not feel educated or well prepared to do this.

Individual providers and maternity care services must review the care they provide to assess their policies and resources, for example, and how they promote father and family inclusive care.

Fetal monitoring, Evidence and challenges

Declan Devane, PhD, MSc, PgDip(Stats), BSc, DipHE, RGN, RM, RNT - 60 minutes

Electronic fetal monitoring (EFM) was introduced into widespread clinical practice in the 1970-80s on the premise that it would help detect abnormal fetal heart rate patterns thought to be associated with fetal hypoxia, and thereby allow earlier intervention to prevent fetal neurological damage or death. Despite the recognised limitations of EFM, it’s use has become ubiquitous particularly in high-income countries. In this presentation, Declan will be address the evidence underpinning the use of EFM and in particular the use of cardiotocography. His presentation will focus largely on findings from Cochrane systematic reviews related to aspects of fetal monitoring including how to read and interpret forest plots, which are a common means of presenting the findings of meta analyses of the effects of interventions on outcomes. Within his talk, Declan will highlight examples of discordance between evidence, practice and practice guidelines.

Fighting for normal birth in an alternative facts, post truth world

Hannah Dahlen, PhD, BN(Hons), MCommN, RM, RN - 75 minutes

In this presentation the current state of normal birth around the world will be described and the backlash and politics around the issue explored. The long and short term benefits will be reported along with new emerging research on the issue. Key strategies for optimizing normal birth both in a practical and political sense will be discussed.
Pelvic floor health: pregnancy, birth and beyond
Heather Pierce, BMid(Hns) BAppSc(Pty) PhD Candidate - 60 minutes

Knowledge of pelvic floor health is important for the optimal care of women during pregnancy, birth and in the postpartum period, and for nurses’ and midwives’ self-care. This presentation will outline what pelvic floor health is, the major risk factors for dysfunction and evidence-based recommendations for the prevention and management of symptoms.

Placentas Behaving Badly
Bonnie Gruenberg, CNM, MSN, CRNP - 60 minutes

The placenta is the only disposable vital organ. For all but the very beginning of gestation, the placenta is essential to the baby’s survival. Abnormalities and dysfunction of this organ and its associated structures such as the cord and membranes can have dire consequences to mother and/or baby. Placentas Behaving Badly is a lively look at some of the placental pathology that matters to a midwife. We will discuss early pregnancy bleeding, invasive and retained placentas, abruption, vasa previa, and maternofetal hemorrhage. Because the placenta is a diary of intrauterine life, we will discuss how to examine a placenta after birth, and consider how unusual findings relate to the health of the infant.

Pre and Perinatal Psychology to Improve Birth Outcomes
Heather Clarke, CNM, DNP. FACNM - 60 minutes

Traditionally, obstetrics has failed to regard the unborn child as a conscious being with the ability to feel or be influenced by its perinatal experiences. The field of pre and perinatal psychology dates back to 1981 with Dr. Otto Frank an over assistant to Dr. Sigmund Freud published his book on the trauma of birth” Since that time, the sciences of embryology, hypnosis, neurobiology and epigenetics have provided evidence to show that from as early as conception, the prenate is influenced psychologically and physiologically by events which occur in the womb. Through implicit or cellular memory the newborn may develop behavioral patterns to cope with everyday life. Epigenetic influences in utero, birth and the first two years of life can significantly impact health into adulthood. By understanding theories of pre and perinatal psychology, clinicians can introduce practices and protocols to avoid or mitigate harmful perinatal events.

Preventing Primary and Repeat Cesareans
Nancy Wainer, CPM - 60 minutes

Increasingly, Birth in the USA is taking place in operating rooms. Cesarean sections are commonplace and accepted as “the best route of entry” in far too many settings. What’s wrong with having a cesarean? Plenty. What’s so important about avoiding the first one and helping those women who have had them to have subsequent vaginal/natural birth as their babies arrive into the world? What are the ramifications of a culture where babies are surgically delivered? How do we educated and enlighten pregnant women/couples and help them to overcome the fear, take better of themselves, find experienced, caring and naturally-oriented care providers and have a birth that lifts them and helps them to begin mother/parenthood with an intact body in a place of confidence and joy rather than having to recover from a slash on their abdomen and on their uterus?
Promoting Safe Transfers from planned Out of Hospital Births
Andrea Dixon, Midwife (CNM) - 60 minutes

All of us serving new and growing families, share a sixth sense of intense listening. In each client-provider conversation we are assessing every word, internal wheels turning all the while. Not that we go looking for problems, rather that we hope to identify and move to resolve them before they become life threatening. This presentation will hone our skills and offer professional tools for how best to obtain and process information, accurately assess developing problems and effectively seek consultation, collaboration or transfer of care.

Providing preconception and prenatal care for LGBTQ2S families
Kristin Kali, LM, CPM - 60 minutes

This workshop will provide an evidence-based framework for engaging with LGBTQ2S clients in midwifery care. Learn what constitutes a truly welcoming space for this unique and often marginalized client population. Review considerations for providing sensitive and specialized care, including issues unique to lesbian families and transgender parents. Understand what you can do to bridge gaps in midwifery care for LGBTQ2S people becoming parents via pregnancy.

Suturing Skills for Midwifery Practice
Nell Tharpe, MS, CNM, FACNM - 60 minutes

While most midwives are diligent about maintaining pelvic floor integrity during birth, genital tract trauma occurs in up to 70% of women during vaginal birth. Birthing women expect midwives to be skilled and confident in their ability to perform perineal repair. This complex skill set requires multiple learning opportunities to develop both competence and the ability to suture with confidence. Perineal repair skills require manual dexterity and the ability to visually identify and approximate anatomic structures. The ability to perform an effective wound closure requires midwives actively master the skills required for systematic wound evaluation and anatomic re-approximation of tissues. Supportive mentoring and intentional self-directed practice are critical to the learning process. This session focuses on the equipment, supplies, and technical skills used during suturing of the pelvic floor after birth, and recommendations for simulation and practice.

Updates in Obstetric Hemorrhage Prevention, Recognition, and Management: Individual devices, Bundles, and Clinical Pathways for Saving Lives in Low Resource settings
Suellen Miller, RN, CNM, MHA, PhD - 60 minutes

Despite some advances in individual technologies and strategies, hemorrhage remains one of the major kills of pregnant, childbearing and postpartum women, especially in lower resourced settings. Maternal mortalities and morbidities have actually risen in many of these places, including in some higher resourced settings, such as the US.
In this presentation we will review some of the newer innovations in hemorrhage prevention, recognition, and management, such as the improvised, low cost uterine balloon tamponade, non-pneumatic anti-shock garment, use of standardized blood mats, community distribution of oral/sublingual misoprostol, a uterine balloon that releases Tranexamic Acid, drones for blood delivery in remote areas, and more. We will discuss the influence on Ministries of Health and program managers of the World Health Organization’s recommendations on technologies for PPH. We will then describe and discuss why PPH bundles may be a more efficient way to package and train on technologies and strategies.

In addition to the main conference, GOLD Midwifery is proud to offer two optional add-on lecture packs that cover hot topics within the industry: Complementary Care Lecture Pack and Trauma Informed Lecture Pack. These lecture series are pre-recorded and will be available from the start of the Conference on February 5th.

COMPLEMENTARY CARE LECTURE PACK

With this add-on package, we’ve brought together experts in different types of complementary care to help you learn more about how to incorporate them into your care of perinatal families. Join us for a closer look at the use of herbs, homeopathy, osteopathy, acupuncture, aromatherapy and chiropractic care during the perinatal period. 6 Hours

**Acupuncture in pregnancy and the postpartum period. Use in New Zealand by midwives and in a hospital outpatients clinic**
Debra Betts PhD, BHSc, RN - 60 minutes

**Aromatherapy for Pregnancy**
Demetria Clark Master Herbalist and Aromatherapist - 60 minutes

**Osteopathic Principles within the Perinatal Period**
Sara Randall BSc (Hons) Midwifery, R. Midwife, B. Ost. Med, R. Osteopath, IBCLC - 60 minutes

**Preparing the Mother for a Safer, Easier Birth Throughout Pregnancy**
Jeanne Ohm DC - 60 minutes

**The Herbal Education of Midwives**
Susan Weed Author - 60 minutes

**Using Homeopathic Remedies in the Peri-Natal Period**
Lia Bello RN, FNP, CCH - 60 minutes

[Click here to view Speaker Bio, Abstract and Pricing]
TRAUMA INFORMED CARE LECTURE PACK

The perinatal period is a vulnerable one, and it is crucial to understand how past trauma of any kind may influence the way that clients perceive and experience their care. Learn more about how to approach perinatal families through a lens of trauma informed care. 6 Hours

Unpacking the concept of “Holding Space”: Beyond rhetoric toward-action in supporting survivors of trauma in the childbearing years
Jodi Hall, PhD, Professor, Full-Spectrum Doula - 60 minutes

Healing Birth Stories for Professionals
Maureen Campion, MS LP - 60 minutes

Breastfeeding and Survivors of Adverse Childhood Events
Kathleen Kendall-Tackett, Ph.D., IBCLC, FAPA - 60 minutes

Psychological Birth Trauma: Causes, Assessment, and Treatment.
Shannon Kane, MSW, BSW, RSW - 60 minutes

Trauma-Informed Care in the Perinatal Period
Mickey Sperlich, PhD, CPM - 60 minutes

Birthing While Black: The Impact of Racial Trauma and Perinatal Outcomes
Desirée Israel, LGSW - 60 minutes

Microaggressions and Racial Trauma During Childbirth
Monica T. Williams, Ph.D., ABPP - 60 minutes

Click here to view Speaker Bio, Abstract and Pricing

SUTURING SKILLS AND PERINEAL REPAIR LECTURE PACK

Improve your suturing skills and dive into the details of perineal repair with this amazing package of instructional videos developed by GynZone. Learn more about choosing suture material, different suturing techniques, diagnosing different degrees of perineal tears, choosing appropriate anaesthetics, labia repair and repair of 1st and 2nd degree tears. 6 Hours

Module 1: Surgical Skills
GynZone, Denmark - 127 minutes

Module 2: Diagnostics
GynZone, Denmark - 47 minutes

Module 3: Anaesthetics
GynZone, Denmark - 44 minutes

**Module 4: Labia Repair**
GynZone, Denmark - 95 minutes

**Module 5: 1st Degree Tear**
GynZone, Denmark - 16 minutes

**Module 6: 2nd Degree Tear**
GynZone, Denmark - 44 minutes

[Click here to view Bio, Abstract and Pricing]

**GOLD ANNUAL MEMBERSHIP**

Extend your conference experience with the GOLD Annual Membership. Benefits of Annual Membership Include:

- 3 weeks viewing extension on Conferences!
- Access the Conference for a full 10 weeks!
- 10% Discount on ALL GOLD Conferences & Events
- Log in anywhere, anytime, 365/24/7!
- No more lost Certificates!
- Print Receipts any time!

Cost - USD $50 and can be purchased at time of registration. 10% Discount will automatically be applied to your registration.

[View Details Here]

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**Continuing Education Credits**

For our GOLD Midwifery 2018 Conference, our goal is to offer 13.5 hours of continuing education for the main conference. The following credits will be applied for:

**Midwifery CEUs** - This program has applied for Midwifery CEUs through the Midwifery Education & Accreditation Council. CEUs are applicable for Certified Professional Midwives recertifying through the North American Registry of Midwives (NARM)

**Midwifery Mid Plus Points** - This program has applied for MidPLUS CPD Points. These are provided by the Australian College of Midwives (ACM).
**ACNM** - This program has applied for education hours by the American College of Nurse Midwives. This credit is applicable to Nurse-Midwives, Certified Midwives, Registered Nurses. May be accepted by other certifying bodies.

**CERPs** - International Board of Lactation Consultant Examiners (IBCLE). GOLD Conferences has been designated as a Long Term Provider of CERPs by the IBLCE—Approval #CLT114-07

**GOLD Midwifery 2018 Add-ons**

We will be applying for the same credits for the Complementary Care Lecture Pack (6 hours) and the Trauma Informed Care Lecture Packs (6 hours).

Please visit our [Continuing Education page](#) for the most current information on approved continuing education credits and a list of instructional hours.

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**Conference Schedule**

* November 20, 2017 – Early Bird Registration Opens
* January 23, 2018 – Early Bird Registration Ends
* January 24, 2018 – Regular Registration Begins
* February 5, 2018 – Live Day 1 - Free Public Opening Keynote Presentations
* February 6, 2018 – Live Day 2
* February 12, 2018 – Live Day 3
* February 13, 2018 – Live Day 4
* February 20, 2017 – Live Day 5
* February 26, 2018 – Live Day 6 - Free Public Closing Keynote Presentation
* March 15, 2018 – Registration Closed
* April 6, 2018 – End of Conference
* April 6, 2018 – Final Day to Download Certificates (for non-members)

* GOLD Annual Members will be have an additional 3 weeks of viewing time (Until April 27th, 2018)
All Main Conference Presentations will be conducted LIVE through our Virtual Seminar Room. Presentations will be delivered via audio & PowerPoint slides and Delegates will be able to access the room 15 minutes prior to the scheduled start time. Once inside the presentation room, Delegates can communicate with colleagues and post questions to the Speaker. At the end of the presentation, a Question & Answer session will begin, and the Speaker will address any questions that are in the room.

Each presentation will come with a **PDF handout** that can be downloaded prior to the presentation for you to take notes on & keep after the conference is over.

**All Live presentations and Q&A will be recorded** and made available at the end of that presentation day. Delegates are welcome to view the recordings if they missed the live presentation as well as go back and view a presentation again if they missed anything the first time. All recordings have the ability to pause & resume play.

- Registration – You will be emailed login details as soon as registration payment is made.
- Delegates Area – Once logged in, you will have access to the live conference schedule, live presentation lobby (from where you enter the Virtual Meeting Room), Recordings Page & and Lecture Add-ons you have selected.
- Presentations – Watch Live or Recorded. Our system will track your progress and let you know which presentations you have viewed.
- Certificates – Once you have completed viewing the desired presentations, submit your attendance record and download your accreditation certificate.
- Forums – During the entire conference, Speakers will monitor the forums for any questions you may have about their presentation. A great opportunity to engage directly with the Speaker after their Live Presentation.

Learn more about the conference flow by visiting our “**How GOLD Works**” page.
Registration

Payment

Registration can be completed via Credit Card (Visa, Mastercard), Cheque, Bank Transfer or Wire Transfer. Cheque, bank transfer & wire transfer options will incur an additional $20 processing fee and access to the conference will be made available once the payment comes in. Credit card payments receive immediate access to the Delegates Area.

Groups

Receive a discount when you register as a group of 5 or more individuals. The early bird group price is $95 per person. We ask one person to coordinate the registration information and payment for all the members and submit as a single payment during group registration.

Group Payment Options

To complete your group registration via a credit card, full group payment will be required. For alternate payment options, we ask if you could send a combined transaction total for your group.

Institutional License

For Hospitals, schools and other qualifying institutions of 30 or more seats, please contact us for institutional pricing.
REGISTRATION CATEGORIES

As an international conference, we are sensitive to the fact that not all countries are economically equal. As breastfeeding advocates we recognise that people in these countries generally have the most need for this information and limited resources, which is why in addition to our standard registration options, this year we are offering a special registration fee for residents from countries that fall in Cat. B, C & D. The Categories are based of the World Bank Data. Please view our Reduced Rate Terms. Proof of residency may be required.

Category A

Andorra, Antigua and Barbuda, Aruba, Australia, Austria, Bahamas, Bahrain, Barbados, Belgium, Bermuda, British Virgin Islands, Brunei Darussalam, Canada, Cayman Islands, Channel Islands, Chile, Curacao, Cyprus, Czech Republic, Denmark, Estonia, Faroe Islands, Finland, France, French Polynesia, Germany, Gibraltar, Greece, Greenland, Guam, Hong Kong, Hungary, Iceland, Ireland, Isle of Man, Israel, Italy, Japan, Rep. Korea, Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macao, Malta, Monaco, Netherlands, New Caledonia, New Zealand, Northern Mariana Islands, Norway, Oman, Palau, Poland, Portugal, Puerto Rico, Qatar, San Marino, Saudi Arabia, Seychelles, Singapore, Sint Maarten (Dutch part), Slovak Republic, Slovenia, Spain, St. Kitts and Nevis, St. Martin (French part), Sweden, Switzerland, Trinidad and Tobago, Turks and Caicos Islands, United Arab Emirates, United Kingdom, United States, Uruguay, Virgin Islands (U.S.).

Category B

Albania, Algeria, American Samoa, Argentina, Azerbaijan, Belarus, Belize, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, China, Colombia, Costa Rica, Croatia, Cuba, Dominica, Dominican Republic, Ecuador, Equatorial Guinea, Fiji, Gabon, Grenada, Guyana, Iran, Islamic Rep., Iraq, Jamaica, Kazakhstan, Lebanon, Libya, FYR Macedonia, Malaysia, Maldives, Marshall Islands, Mauritius, Mexico, Montenegro, Namibia, Nauru, Panama, Paraguay, Peru, Romania, Russian Federation, Samoa, Serbia, South Africa, St. Lucia, St. Vincent and the Grenadines, Suriname, Thailand, Tonga, Turkey, Turkmenistan, Tuvalu, RB Venezuela.

Category C


Category D

You’re never alone! Our GOLD Technical Staff will provide online technical support for you during the Conference.

The GOLD virtual meeting room is accessible by all desktop computers as well as most modern mobile devices (You will be required to download an APP). You will be able to access the conference from anywhere, as long as you have an Internet connection.

Our team is based in beautiful Vancouver, Canada, and is happy to help you with any question or concern you have. We’re available via phone or email, and during the live presentations we are on live chat. We looking forward to ‘meeting’ you online!

Contact Information

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